



RHYTHM
HEALTHCARE

SKU:
C500U
1 PAIR

UNIVERSAL LIGHTWEIGHT ALUMINUM CRUTCHES



300 lb
Weight Capacity

PATIENT HEIGHT
UNIVERSAL 4'6" - 6'6"
LATEX FREE

ASSEMBLY AND FIT INSTRUCTIONS

1. Remove contents from package.
2. With one hand, place bottom section on floor with tip securely on the ground. Insert top section into tubing as shown. Depress both brass push pins simultaneously with thumbs and slide top half into bottom half until the push pins "pop" through holes. You will hear an audible click when top section is secure.

Height Adjustment

1. Unlock both blue euro-style clips on hand grip by using thumbs and pressing outward on thumb tab.
2. With both thumbs, push hand grip down in order to have full access to brass push pins.

For individuals between 4'6" and 5'2"

3. Set underarm tube in first (lowest) set of **INSIDE** adjustment holes on the top crutch section, making sure push pins protrude all the way through the adjustment holes.

For individuals between 5'3" and 5'10"

3. Turn crutch upside down so underarm pad is on the floor. With foot, hold underarm pad to the floor and pull up on receptacle tube while depressing push pins. Set tube in the second (middle) set of **INSIDE** adjustment holes on the top crutch section, making sure push pins protrude all the way through the adjustment holes.

For individuals between 5'11" and 6'6"

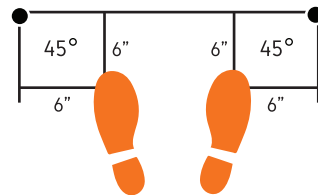
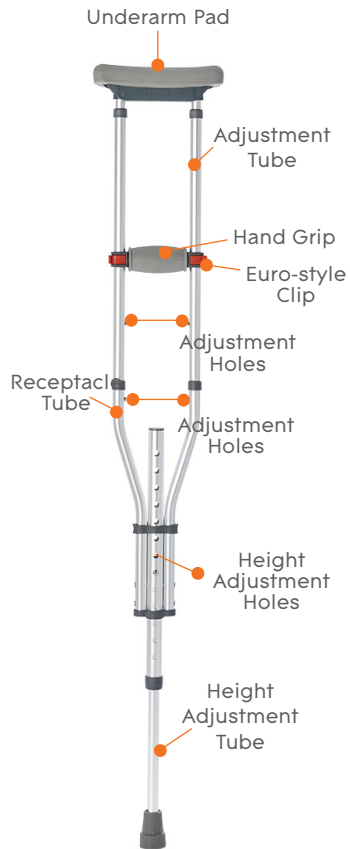
3. Turn crutch upside down so underarm pad is on the floor. With foot, hold underarm pad to the floor and pull up on receptacle tube while depressing push pins. Set tube in the third (top) set of **INSIDE** adjustment holes on the top crutch section, making sure push pins protrude all the way through the adjustment holes.
4. Set hand grip by placing underarm pad under armpit and sliding hand grip so that the elbow has a 10° bend.
5. When correct position is achieved, lock euro-style clips in place by inserting into positioning hole and locking push tab.
6. Adjust height adjustment tube by depressing both silver push pins and rotating slightly so push pins flow freely. Slide to desired height and turn until silver push pins protrude through holes.
7. Repeat for second crutch.

Caution

- Use after proper training under the direction of your doctor or physical therapist.
- Replace Crutch Tips if worn.
- Use extra caution on wet and slippery surfaces.

Safety Check

With crutches positioned per diagram, confirm patient can lean forward comfortably while resting on the underarm supports. Patient should not have to stand uncomfortably erect. Ensure both push-buttons are firmly in place and handgrip nuts are tightened securely



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